

ATHLETIC TRAINING ROOM RULES FOR STUDENT-ATHLETES

The following rules are in effect for the UTD athletic training room. Student-athletes should follow these rules so they can be served efficiently.

1. The athletic training room is first and foremost a healthcare facility and should be treated in such a manner. Only UTD student athletes and staff are permitted in the athletic training room.
2. The athletic training room will open approximately one (1) hour prior to your scheduled practice. The athletic training staff will be working off of the Athletic Training Room Appointment Schedule and will take care of emergency situations as needed. At times, in-season sports may have priority. An athlete that has scheduled rehab and/or treatments with an athletic trainer will also have priority. Please plan accordingly.
3. Student-athletes are expected to report to treatments **ON TIME**. Failure to comply can result in loss of appointment time.
4. Student-athletes must come dressed appropriately for their treatment or rehabilitation. The athletic training room is not a place to dress and undress. Please leave your shoes, bags, other clothing, etc. outside of the athletic training room in the spaces provided. DO NOT leave stuff on the floor or in front of the doorway. Items left in front of doorway can be hazardous and will be removed at the discretion of the athletic training staff.
5. Any student athlete with a new injury or illness must notify the athletic training staff immediately so that coaching staffs can be updated on the student athlete's status. Staff athletic trainers will determine a specific report time based on daily practice times.
6. Student athletes are not permitted to treat themselves or dictate their own treatment. All treatments are at the discretion of a staff athletic trainer.
7. All return to play decisions will be made by a staff athletic trainer and/or the UTD affiliated physicians. Outside clearance from a physician or other medical provider will not be accepted unless deemed acceptable from staff athletic trainer and/or UTD affiliated physicians.
8. DO NOT use or remove equipment or supplies from the athletic training room without the permission of a staff athletic trainer. Failure to ask permission can result in losing privileges to equipment or supplies.
9. Student athletes using the athletic training room should refrain from loud and obnoxious behavior. Foul and/or offensive language is not permitted. Failure to comply can result in being asked to leave the athletic training room.
10. DO NOT hang out in the athletic training room. Athletes should only be in the facilities when they are in the process of acquiring athletic training services. All others will be asked to leave.
11. After practice, athletes should shower before receiving treatment of wounds, cuts and abrasions.
12. Athletes should return all equipment and supplies (wraps, crutches, etc.) as soon as they no longer need to use them. Athletes may be charged for equipment and supplies that have not been returned.
13. Athletes will treat all athletic trainers with the utmost respect. This respect will then be returned in-kind to student-athletes.
14. If a student athlete is not adhering to the rules and policies of the athletic training room, the athlete can lose privileges to the facility. Coaches will be notified of any student athlete who is not compliant.